



KEEP FAMILIES SAFE

PREVENT FAMILY VIOLENCE IN WATERLOO REGION

**A silent impact of COVID-19 is family violence.
Here's what you can do to help.**

If you see or need help with family violence, call —

► **Women's Crisis Services Waterloo Region**

- Kitchener-Waterloo 519-742-5894
- Cambridge 519-653-2422

► **Police** at 9-1-1 in an emergency

► **Family and Children's Services** 519-576-0540

Learn more ways you can reduce or prevent family violence
at home, work and in the community:

PreventingCrime.ca/KeepFamiliesSafe



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