

WRPCPC Agenda

January 11, 2019

9:00 a.m. to 11:30 a.m. (8:30 a.m. Networking)

Public Health and Community Services Building

99 Regina Street South, room 508

Chair: Shayne Turner

Minutes: Mary Anna Allen

1. Welcome and Introductions
2. Approval of Agenda
3. Declaration of Conflict of Interest
4. Approval of the December 14, 2018 Minutes – 5 min (attached)

4.1 Business Arising

5. WRCPC 2019 Draft Sector Slate (Courtney Didier) - 10 min - for approval
The facilitating committee has de facto functioned as the nominating committee this year. Courtney as Chair will bring the 2019 slate for approval.
6. Budget 2019 (Christiane Sadeler) - 10 min - for review and approval
The facilitating committee has reviewed and approved the budget including reductions in overheads to meet Regional targets. This will be an opportunity for members to see the budget for 2019.
7. Community Consultation on Islamophobia progress update - (Rohan Thompson) - 5 min – for information
Sarah Shafiq facilitated this partnership between WRCPC and the Coalition of Muslim Women and a draft summary report will be brought forward at the February meeting to discuss next steps. Meanwhile Rohan will share some high level highlights from the pending report.
8. WRCPC #startUpstream Reception Feedback - All - 10 min
This item was carried forward from the December meeting. Members of Council are asked to share their thoughts on the November 22, 2018 reception with a focus on the overall program and less on logistics which have already been reviewed by a committee.
9. Book Review - Kelly Anthony -10 min

Last year CPC members started to share books they had read and summaries of their reviews are available in the members' lounge. Kelly will share her thought on **The Righteous Mind**.

10. Significant updates: 15 min – for sharing

The **Community Safety and Well-being Plan** as been included in the new Police Services Act and a brief overview will try to ascertain what this means for Council.

Well-being Waterloo Region and **Smart Cities** continue to forge ahead. This is an opportunity to share the newest developments by members of Council and/or staff.

The report on **Independent Street Check Review** in which CPC provided input has been published. This will be a chance to share any findings that may either surprise and/or impact the local community.

Chelsea's Story efforts: This partnership with SASC and the Registry Theatre needs the support from all members of WRPCPC and beyond to ensure that the performances are well attended and that the actions arising from them are sustained beyond the performance dates.

11. Circle - Chris Cowie - 60 min – for participation

In 2017 WRPCPC joined hands with CJI in advancing restorative practice in Waterloo Region. Chris Cowie will facilitate a circle dialogue that is experiential rather than theoretical in nature.

12. Other Business

13. Adjournment

14. Next Meeting: February 8, 2019

WRPCPC Meeting Minutes

December 14, 2018

City of Kitchener

200 King Street West

Conestoga Room

9:00 a.m. to 11:30 a.m.

Present: Andrew Jackson, Barry Cull, Cathy Harrington, Courtney Didier, Doug McKlusky, Irene O'Toole, Jane Mitchell, Joe-Ann McComb, John Shewchuk, Jonathan English, Kathy Payette, Kelly Anthony, Dr. Hsiu-Li Wang, Laurie Strome, Liz Vitek, Mark Pancer, Sarah Shafiq, Sharon Ward-Zeller, Shirley Hilton, Tom Galloway

Regrets: Angela Vanderheyden, Barry McClinchey, Bill Wilson, Bryan Larkin, Carolyn Albrecht, Carmen Abel, Chris Cowie, Douglas Bartholomew-Saunders, Carolyn Schoenfeldt, Helen Jowett, Janice Ouellette, Judy Merkel, Karen Spencer, Kelly Bernier, Michelle Sutherland, Patricia Moore, Peter Ringrose, Peter Rubenschuh, Richard Eibach, Shayne Turner, Trisha Robinson

Staff: Christiane Sadeler, Rohan Thompson, Julie Thompson, Mary Anna Allen

Guests: David Jaeger (WCDSB), James Bond (WRDSB), Michelle Braniff (Graphic Facilitator)

Chair: Courtney Didier

Minutes: M. Allen

1. Welcome

Courtney Didier welcomed WRPCPC members, staff, and guests.

2. Approval of Agenda

Moved by Sharon Ward Zeller

Seconded by Kelly Anthony

The Sector Leadership Knowledge Exchange was moved from item number 12 to item number 8.

Carried

3. Declaration of Conflict of Interest

None

4. Approval of Smart Updates:

Sarah Shafiq thanked those that are managing the file on the anti-racism work. This includes the WRCPC and especially staff support person, Rohan Thompson, Wellbeing Waterloo Region (WWR) and the WRDSB. Courtney Didier encouraged the WRCPC to attend the next WWR event: [Tea and Tales with Muslim Women](#).

Irene O'Toole asked for some clarification around the staff memo regarding the opioid situation and asked what supports were in place for the WRCPC to withdraw from this work without leaving any gaps. Courtney Didier explained that the WRCPC is still supporting the key partners around the opioid situation. Dr. Hsiu-Li Wang shared that the Waterloo Region Integrated Drugs Strategy (WRIDS) that started at the WRCPC, includes many partners from many sectors including the WRCPC. The WRIDS formed a special committee for the opioid response. This Opioid Response committee is comprised of leadership from across key sectors that have developed a plan that was presented to Regional Council on December 14th, 2018. The group has also established key priorities, which include youth engagement. The second priority relates to access to services (to address the lack of treatment centres and pathways to service) for those dealing with substance use issues in order to meet the needs of individuals where and when they need them. The third priority is focused on supportive housing for those dealing with substance use issues.

There are four main pillars to the WRIDS: Prevention, Rehabilitation and Recovery (Treatment), Enforcement, and Harm Reduction. One of the types of services under Harm Reduction is the consumption and treatment sites that Public Health is working on with community partners. Regional Council is trying to move forward this initiative. The Region is also aligned with provincial and federal responses. The WRCPC is mostly responsible and heavily involved with the Prevention pillar and upstream prevention work.

Staff offered to attach the December 11, 2018 Public Health reports that went forward to the Community Services Committee (see attached).

Approval of the October 14, 2018 Minutes and Smart Updates:

Moved by Kathy Payette

Seconded by Doug McKlusky

Carried

Michelle Braniff, the Graphic Facilitator was invited capture the meeting again. It is the hope that out of the three meetings that Michelle visually captured, an infographic will be created to reflect on the work of Council.

5. Reviewing of the Draft Sector List 2019:

The WRCPC reviewed the draft slate as presented by Courtney Didier as Chair of the nominating process. The draft slate will be approved at the January 11, 2018 meeting and the elections will be held at the February 8, 2018 meeting.

The vacant Community Representative position will be advertised through the Friends of Crime Prevention network. Christiane will forward that posting to the WRCPC to send out to their networks as well.

The Chair of the WRPSB will be determined in January 2019 and added at that time to the slate.

The following sector positions have been deleted: 1) Family Support sector. This sector is already well represented around the table and 2) The Chair of Strategic Alignment sector. Instead, an open invitation to attend meeting will be send to the Chairs of the HHUG, WRIDS, IPC, and GRIFC. These are non-voting positions.

There are six (correction to number) positions under the Focus Populations with the Youth Advisory position included.

The indigenous representation is still under discussion.

A WRCPC member will follow-up with an individual that might be interested in the addiction representation.

WRCPC members were asked to email Courtney Didier if there is an interest in participating on the Facilitating Committee or an interest in any of the executive positions. Cathy Harrington has allowed her name to stand for the position of Vice-Chair.

6. The Smart on Crime Strategic Plan Review:

Christiane Sadeler presented a high-level 2015-2018 WRCPC strategic plan overview and provided staff reflections. The WRCPC provided feedback based on the two analyses. Please see PPT attached. (The PPT is for Council review and not for printing or distribution).

Focusing on outputs, Christiane reviewed 32 WRCPC consent agendas and performed a thematic analysis of each action item. Staff also reviewed the current Smart on Crime 2015-2018 plan. Within the plan, staff reviewed the twenty-eight directions to identify activities that were completed. Both of the analyses were distributed to Council for review. Please see attached.

Comments and Feedback:

WRCPC member acknowledged all the work of staff behind the scenes.

It was shared that WRCPC decisions should be grounded in the resources available.

It was explained that the items listed in the review are not equal in terms of resource intensity. The hope is for WRCPC to track these items in the future with support from CCRLA.

A Council member asked about plans to deal with volunteer and staff overload with work and requests.

For many years, WRCPC was a developing organization with very few other models available and therefore tried to be all things to all people. Christiane suggested that WRCPC

has matured to a place where work can become more focused. This would ease some of the exhaustion. In addition, by way of an example, the Iceland Model fits under multiple strategic categories and there was outside community partnership support.

A Council member asked if Council would be prepared to take on one or two issues only and how would the Council make the decisions about what those should be.

The WRCPC based on the evaluation and data from the Canadian Index on Well-being will need to engage in a very different form of strategic planning for 2019-2022 to those completed in the past. At the WRCPC reception on November 22, 2018, David Siladi presented upstream approaches and made a very strong point that, what is at the roots of many social ills is inequity. Some people are set up to succeed and some are not. This could become the lens for decision-making for WRCPC going into the future.

7. Sector Leadership Knowledge Exchange:

The WRCPC were asked to share, through their sector lens, any surprises, affirmations, regrets, and/or recommendations coming out of the staff strategic plan review. In addition, the Council was asked about what are their hopes for future planning.

The following comments capture some of the key points made:

Planning this time is difficult because there are many uncertainties about the role WRCPC in Well-being Waterloo Region and Smart Cities.

We should be reminded that WWR came out of the work of the WRCPC.

For the majority of sectors around the WRCPC table the work that happens at the WRCPC has an impact on the work of many sectors. It is less clear what that is when it comes to the business sector, particularly in the tech world. It is necessary to find the links between the work of the Council and the tech community. Steve Currie from Communitech made some of those connections at the WRCPC reception. Christiane asked Andrew to connect with Steve Currie about future collaborative options.

Is the Smart Cities well-being of children and youth driven, data driven, or at the intersection of both? How does big data make it easier for youth in struggling neighbourhoods, for example? Smart Cities should be about children and youth **supported** by data.

The WRCPC might consider looking through the transitional lens during the next strategic planning.

WRCPC should move forward with the Youth Engagement Strategy.

WRCPC might want to think about a youth justice representative.

There is energy and often-untapped energy in University settings. Many of the students were excited about the Iceland model and are in the midst of trying to envision what this type of model would look like in a neighbourhood. These students would be able to scope out what recreational activities are available for youth (both government supported and private). For example, one student recently finished a project about surveying the schools

about protective factors modeled after the Iceland model. While this led to some misunderstandings regarding the scope of the project, it demonstrates the type of student energy that can be utilized.

The WRDSB board has just started using the Safe Caring Inclusive School survey (MDI). This is the next step in the leader's development index. The survey provides important data about well-being. The students are asked questions such as when they went to bed and what type of food they consume. These data can be helpful for various planning efforts.

Council might consider focusing on one or two issues only. It was suggested that the Council should not be "swallowed up by WWR" even if it will host the backbone function.

Council is hopeful about the Youth Engagement Strategy work for advancing upstream approaches. There is some concern that the community may see the upstream approaches as "marketing". As the WRCPC withdraws from the opioid portfolio, we need to consider that there **is** substance use amongst our youth.

Many of the AGORE committee members have backgrounds in criminology. Recently, one of the members of the committee attended a conference with other criminal justice researchers where there was very little presented about prevention. The WRCPC can do a great deal by advancing real prevention. This would include community-based programs that help to build community resiliency. Council is looking upstream and will not just deal with people that are suffering right now but will try to prevent suffering in the future by working with those that might be at risk. It would be helpful to have more examples of the programs that exemplify the upstream approach like inREACH and the Iceland Model etc. There are many more available and it is the responsibility of the WRCPC to discover them as researchers and WRCPC's responsibility to inform the community about them. The hope is that for every problem that comes up in the community that the WRCPC be the first group that looks at prevention and goes upstream right away.

A Council member shared that they sit on multiple tables that deal with issues surrounding children and youth and mental health, child and youth development, mental health well-being and youth engagement. There are too many tables and it is difficult to manage. As a result, the challenge is that there may be many different interpretations of youth engagement in ONE community.

The opioid situation became real in the neighbourhoods in October 2017. This was the time when the neighbourhoods could see the evidence of substance use. As much as neighbourhoods tried to protect their residence and specifically youth there was also a need to focus on prevention. This is hard to accomplish in a crisis. The WRCPC refocusing on upstream approaches to try to prevent these types of situations from happening in the first place remains timely. The WRCPC "lane" **is** upstream prevention. The WRCPC should be renamed: Upstream Waterloo Region.

Crimesolutions.org has reviewed 400 plus programs and projects to look at their preventive impact over time. What is interesting is that the true upstream prevention does not feature on the website. That lens is only emerging now.

A Council member shared that after so many years the community is still providing programs in isolation even at the WRPCPC table. If the Council is going to do upstream prevention, we need to start in our own homes and our own neighbourhoods. As a Council, we can relate the work of Council by relating back to where the community lives. We need to ask the following: How do I make my backyard a better place to live? Our backyards and our schools all connect back to each other, to our youth, and to the spaces that they come from. It is our role to reduce that complexity. Those that get upset with the issues in a neighbourhood are those that the issues directly affect and who often do not have the resources to do anything about it. The ones with the resources are the ones that are the hardest to reach. There are neighbourhoods in the technology brown zone where the infrastructure for technology is not there. These neighbourhoods cannot benefit from the Smart Cities initiative. The hope is that as the WRPCPC moves further upstream it identifies all the connections and helps to decrease any working in isolation.

How do we integrate the WRPCPC social change movement with WWR and how will the WRPCPC maintain its relationship with the Region as an arm's length organization? Prevention is an in vitro issue. The WRPCPC built its early movement on that notion and we need to get back to that. Data show that "Better Beginnings Better Futures" programs (and others like it) are our best investment if we want to prevent crime. Maybe the WRPCPC should consider investigating private funding and should form a working group to that end. .

How does the situation of older adult fits within the broader WRPCPC plan. Currently, the older adult sector is a fragmented system. What we do know is that the number one protective factor for an older adult to age well in a community is having social connection. How do we build upon that knowledge and advance building connections? Regardless of how much else is broken in the community, WRPCPC can focus on this one piece. Currently, there is a reference group being pulled together to create an older adult strategy for Waterloo Wellington and as we look at the broader spectrum of social determinates of health for older adults, there is an incredible opportunity to bring the prevention focus to that. WRPCPC will have a seat at that table.

Council should focus on equity as a key component of upstream approaches.

Neighbourhood programs come and go. Often there is very little connection between the neighbourhoods and the Universities located within the neighbourhood or near the neighbourhood.

Some may think that upstream is just another "brand". The source of the Grand River is not just one stream. It is a wetland. Upstream is complex. Might the research and resources that go into the Smart Cities' initiative instead better be applied to programs for youth? We know what works.

Among persons with disabilities, fear of crime has increased. We need to assist in building awareness about the realities of crime versus the myths.

There is usually the 1 to 2 percent of the student population that have complex issues. In addition, there are community supports available whether they started at the grassroots level or were imposed by government. From all this we know that earlier intervention pays dividends. It is more difficult when the children get older.

8. Wellbeing Waterloo Region Recent Developments (WWR): Carried forward

9. Feedback about the Islamophobia Prevention Forum: Carried forward

10. Feedback about the Justice Reception: Carried forward

11. Ideas for the next Justice event on November 14, 2018: Carried forward

12. Other Business: None

13. Adjournment: Moved by Laurie Strome. Carried at 11:40 a.m.