# Don't be shy, just

"We have witnessed the value of the Say Hi program and believe that our students benefit from it not only on the day of the event, but for their whole school experience."

William G. Davis Senior Public School



# Say Hi Day A Teacher's Guide

## www.sayhi.ca









www.sayhi.ca



# Why Say Hi?

By saying Hi to students, teachers and staff, you can create a safer school.



#### Students get to ... Know each other ... Understand each other ... Include each other ... Connect with each other ... Make new friends

### Build Say Hi into your curriculum all year long

Say Hi Day is an easy way to achieve character building initiatives while supporting system goals of "caring and connecting" (WRDSB) and "being inclusive" (WCDSB). Visit www.sayhi.ca for activities and ideas.

"Overall this program has had a positive impact on our school and its students. It has become part of something we do each year to build an inclusive community for our students."

Christ the King School

"The Say Hi program changed the attitude and connectedness of our students in a very positive way... A very effective and simple way to build community in a school."

Elmira District Secondary School

#### Inclusion/Belonging

- Handprint banner/collage
- Daily Say HI challenges
- "Hello My Name is..." Name Badges
- Sit with others at lunch
- "Find someone who..."
- "Getting to know you..." questions
- Pen Pal exchange
- Promote "hi' in different languages

#### Diversity

- Chart the different languages spoken at your school
- Learn "Hi" in different languages study the country of origin, teach others
- Say hi in different languages on announcements
- "Say Hi" word find
- Create a video of people saying hi in different languages
- Match the Hi's to the country of origin
- Students wear labels with Hi in different languages – that's how they say hi all day
- Post hellos in different languages on bulletin board

#### **Bullying Prevention**

- "Gotcha" rewards (get caught saying hi)
- Buddy up students
- Say Hi passports
- Perform skits and songs
- Most outrageous group activities (MOGA)
- Icebreaker activities

#### Citizenship Development/ Community Awareness

- Write letters to seniors, community helpers
- Say Hi to a neighbouring school
- Students to greet peers at doors
- Create a student "Say Hi" patrol
- Invite dignitaries/celebrities to Say Hi
- Hold a school-wide picnic
- Pen pals with another school
- Put a "Say Hi" message on outdoor sign

#### **Spirit Day**

- Wear black and yellow
- Create a school "Say Hi" banner
- Greeters at doors
- Create a Say Hi cheer
- Do a school "Wave"
- School wide photo
- Face painting
- Chalk it Up: write Hi in chalk outside

#### "We are looking forward to Say Hi Day at our school. We are represented by many different cultures and languages at Keatsway. This will be a great way to share with each other."

#### **Keatsway Public School**

"I love Say Hi day – it builds a connected school and gets the students thinking about others in our community."

#### Elizabeth Ziegler Public School

"The Say Hi initiative aligns with our system goal of Learning, Caring and Connecting."

Mackenzie King Public School

Connect with other schools! Share your ideas! Follow us!



## **Register your school for a chance to win \$500**

### Download free Say Hi activities! www.sayhi.ca